

THE EVANGELIST



MAGAZINE FOR SAINT JOHN THE EVANGELIST EPISCOPAL CHURCH

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ON THE COVER:

Over 30 children, youth, and adults gathered for a lively discussion at our first “Unpacking the Sermon” conversation and supper.

NEXT DEADLINE

for May/June Issue: **Apr 9**

Everyone is *encouraged* to submit reflections or to suggest ideas for articles. Bring your *piece and/or photos* to the office or email to church@stjohnsstpaul.org *before* the deadline shown. Thank you!

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ST. JOHN THE EVANGELIST EPISCOPAL CHURCH

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 The Rev. Craig Lemming, *Associate Rector*
 The Rev. Margaret Thor, *Deacon*

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FROM THE REVEREND JERED WEBER-JOHNSON



Dear friends in Christ,

The late poet Mary Oliver, popular with priests and preachers, frequently wove themes of death and grief into her poetry. Perhaps her most remembered passage on death, in her poem "The Uses of Sorrow" Oliver writes:

*Someone I loved once gave me
a box full of darkness.
It took me years to understand
that this, too, was a gift.*

I confess that like the poet, it took me a while to understand what this passage could mean-- that darkness, grief, and pain might be a gift. Then I read Robert Johnson's *Owning Your Own Shadow* (see Craig Lemming's article on p.5). We all have a shadow self, a product of forces without and within that we believe we cannot fully share. As I've written and preached already this season, this shadow is a potent force. The shadow self draws much of its power from the grief and pain we've endured. To highlight this point, Johnson writes,

"Parrots learn profanity more easily than common phrases since we utter our curses with so much vigor. The parrot doesn't know the meaning of these words, but he hears the energy invested in them. Even animals can pick up on the power we have hidden in the shadow!"

Mary Oliver was acquainted with grief and she was no stranger to the pain of betrayal, having been sexually abused by her father as a youth. In a poem titled "Rage" she describes this experience, the source of a lifetime of hurt,

*"you were also the red song
in the night,
stumbling through the house
to the child's bed,
...
leaving your bitter taste."*

What do you do with that kind of hurt? No one should have to hold such a box of darkness. Johnson might counsel us that "our own healing proceeds from that overlap of what we call good and evil, light and dark. It is not that the light element alone does the healing; the place where light and dark begin to touch is where miracles arise."

To get here we have to touch the shadow, acknowledge it, the parts given to us and the parts arising from within,

and with time and tenderness we can even claim that darkness, and see it as gift.



This summer I had the strange experience of running each morning past my father's headstone in the small community cemetery on the edge of my hometown in Alaska. On the first morning I went on that route, it was the first time I had been to this spot since the months following his death almost a decade prior. I could sense the ocean of grief welling up within me, the shame over the

last years of his life, his mistakes and his death by his own hand, and I pushed it all down and kept running. For a month I ran past that spot each day, and each day the powerful feelings surged just beneath the surface. On the last day we were in town, I sensed that it would be healthy for me to visit his grave one last time with intention, not just jogging past. I took the boys, and prepared to say goodbye again to my dad, not knowing the next time I'd be in that space. We gathered flowers and laid them on the headstone, and finally, an experience familiar to many, the dam burst and all the feelings came pouring out. I had a moment of conscious hesitation, as if I might be able to stuff it all back down, and no doubt I could have. But I chose in that moment to embrace the grief, to share it with my boys. It was a powerful moment, one I won't soon forget. It opened up deep connections with both children and far from pushing them away in fear or concern, it drew us closer together. When we left the cemetery I recall a feeling of balance and centeredness that had not been there all month. It is that feeling of balance that I brought back with me into my ministry here at St. John's, a groundedness that continues to root me more firmly in my vocation as priest, father, and husband. Such is the power of touching and embracing our own shadows.

I hope you will join us in reading *Owning Your Own Shadow* and explore ways that your own shadow self is a source of power and transformation in your life too. I also hope you will join us this month in a deeper look at the issues that surround death and grief - both in our upcoming forum series and Saturday retreat on death and dying. Blessings to you as we enter into Lent and look forward to spring and new life. I will see you in worship!

Peace,

Jerod

SCHUBERT AND THE FEAST OF THE ANNUNCIATION

Although his life was short-lived, Austrian composer, Franz Schubert and his musical works were prominent in the bridge between the late-Classical era and the early-Romantic era. Majorities of those works were secular pieces for solo voice but he was also responsible for symphonies, sacred music and chamber music. His influences came from such composers as Haydn, Mozart and Beethoven and his music, while it started small in Vienna, became quickly noticeable and acknowledged by people such as Mendelssohn, Liszt and Brahms. Still to this day, he remains one of the most popular composers of the nineteenth century.

This Lenten Season and in acknowledgement of the Feast of the Annunciation, the adult choir and Artaria String Quartet will be offering Schubert's Mass in G Major, or, Mass No. 2 as it has also been referred to. Of the masses that he composed, this is a relatively shorter one on a smaller scale for four-part chorus, three soloists and accompanied by organ and a string quartet. The piece contains beautiful harmonies, flowing melodies and energetic rhythms that capture the many wonderful sides of Schubert's personality and style of composing. While soloists are present, Schubert's emphasis is on the choir and its devotional atmosphere through the music.

Written in 1815, the mass consists of six movements: Kyrie, Gloria, Credo, Sanctus, Benedictus and Agnus Dei. When our choir offers this work, you will hear each movement at its designated time during the service rather than as a whole. This is something new we are doing here at St. John's rather than our usual Choral Evensongs, which highlight the Anglican tradition of worship. Our March event, known as a Solemn Evening Choral Eucharist, is similar to the structure we know on Sunday morning but elaborated. In addition to the Schubert, two other musical offerings will be a part of the service; Johannes Brahms' Geistliches Lied (Let nothing ever grieve thee) to acknowledge the season of Lent and a Marian hymn sung by the choir and congregation that will celebrate the Feast of the Annunciation.

Being able to offer wonderful quality music within the context of worship is an experience like none other. St. John's is blessed to have dedicated and talented musicians that make our ministry what it is. The rehearsal process alone is something that is exciting, to have the opportunity to spend time each week with groups of people who care deeply and work toward a common goal that is sacred music for our Lord. -Richard Gray, Director of Music

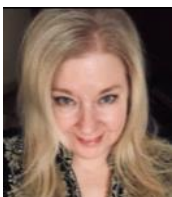
HYMNS TO INSPIRE

Some of the members of St. John's Liturgy Commission share their reflections on their favorite hymns:

Eternal Father, strong to save
Whose arm hath bound the restless wave
Who biddest the mighty ocean deep
Its own appointed limits keep
Oh, hear us when we cry to Thee
For those in peril on the sea
(Eternal Father, Strong to Save)
-Keith Davis



Oh Come, Oh Come, Emmanuel.
Childhood choir was my introduction to this Hymn; I remember feeling breathless at the adoration in this melody. Even now, hearing the first few tones of this carol makes everything inside of me become silent, hushed; the



outer world feels blanketed by a thick covering of peace. I am close to the Beloved. Rejoice! Rejoice! Emmanuel shall come to Thee oh Israel...
Christmas season begins each year for me when I hear the muted incantation; Oh Come, Oh Come, Emmanuel. -Carol Defrancisco

My favorite came to me last night; Hymn 296. Whenever there is a baptism, I look to see if we are going to be singing hymn 296; and I make sure I have Kleenex! It is such a beautiful hymn in both words and music. With the preciousness of new life and the wonder of the incarnation; this hymn is filled with promise, hope and joy. It has always been a song of baptism for me. Recently it has taken on the full circle of life when we sang the hymn through tears of love and grief at Camille Scheel's funeral. Yes a hymn for the fullness of Life. -Kathy Brown



Hymns are 'soul-poetry' set to music. One of the soul-poems that especially resonates with me and is my current favorite hymn is Hymn 658 (based on Psalm 42 which begins: "As longs the deer for cooling streams in parched and barren ways, so longs my soul, O God for thee ...") Psalm 42 strikes a chord with me because it was at the heart of my spiritual rebirth – a rebirth that occurred as I early-retired from public service (with a parched soul) and joined the Episcopal Church after a long lapse. I was subsequently called to be a monastic within an Episcopal-Benedictine Order and continue to have my spiritual thirst quenched as I pray, sing, and worship with my religious order and with St. John's faith community. -Sister Julian Smith-Boyer, OSB



LENTEN READ: OWNING YOUR OWN SHADOW

During Lent, St. John's faith community is invited to journey into *Owning Your Own Shadow: Understanding the Dark Side of the Psyche* by acclaimed Jungian analyst and best-selling author Robert A. Johnson. This classic text provides powerful and accessible wisdom for "turning back" to our whole, true self during this Holy Season of "Metanoia." Johnson writes, "To own one's own shadow is to reach a holy place – an inner center – not attainable in any other way. To fail this is to fail one's own sainthood and to miss the purpose of life."

During my Curacy at St. John the Baptist Episcopal Church in Minneapolis, I had the privilege of studying this book at the invitation of the Rev. Susan J. Barnes: the Rector supervising my internships first as a transitional deacon and then as a curate. As a Priest in my first year of ministry I came to appreciate the importance of doing the essential "inner work" of owning my shadow as a daily spiritual discipline in order to cultivate resilience, authenticity, and wholeness as servant leader. I am continually challenged and inspired by Johnson's invitation to people of faith, who together, "must restore the word religious to its true meaning; then it will regain its healing power. To heal, to bond, to join, to bridge, to put back together again – these are our sacred faculties."

Members of St. John's Men's Group studied and discussed this book during their annual retreat in February, and St. John's Thursday Book Group studied and discussed it in January and February. Here are some reflections on *Owning Your Own Shadow* from members of our Thursday Book Group:

Robert Johnson says that unless we own our shadow (and do conscious work on it), we will lay our shadow on others. Throughout history, human beings have "projected" their darkness onto other groups. (Given the current divide in our country) I now see this problem in technicolor. Ahh!!! And I see the opportunity of digging for the "gold". The Thursday Book Group is a place to be vulnerable, to share our experiences, to see something new and transformative - and perhaps, just perhaps, gain the courage to take action in an area that was previously hidden from our view. — Jill Thompson

In the second half of life. I find myself feeling incomplete. The construct of the shadow gives me a framework with which to seek completeness. Transforming conflict into paradox points a way forward. The religious experience is a



Orthodox Icon of the Virgin and the Christ in Mandorla, Sanok (Poland), 16th century

way past the conflict rationality has trapped me in, letting me dwell in paradox to see a path forward. — Dan Vogel

The mandorla, the space created when two circles overlap, is a powerful visual construct of healing in a world torn apart. This is a space of reconciliation and hope that will help me in moving forward to keep "the painful contradictions of life at bay." I had not heard of this concept before. It will stay with me. — Diane Wallace-Reid

Dave Borton shared the following prayer, whose author is anonymous, with our Book Group in response to the wisdom disclosed in Robert Johnson's book. Perhaps, as a community of faith, we could each offer this prayer in our daily devotions during the Holy Season of Lent.

***Lord, enlighten what is dark in me,
Strengthen what is weak in me,
Mend what is broken in me,
Heal what is bruised in me,
Revive whatever peace and love has died in me,
that in this journey through time and space
I may bring your healing and love to others. Amen.***

-The Rev. Craig Lemming

VICTORIOUS: A PORTRAIT OF JAYAN NAIR

By The Reverend Barbara Mraz

"The turn of my heart bends toward you, O God. I search for you in infinite stretches of imagination. I discover you in infinite spaces of need. You give my wounded spirit shelter, my restless life purpose, my questioning mind the embrace of wonder."

-The Rt. Rev. Steven Charleston

Jayan Nair has a lifetime of experience packed into his twenty-five years. He has been repeatedly bullied, suffered emotional abuse in his religiously-conservative home, and has struggled with substance abuse. Yet this amazing young man, who left home at seventeen, graduated summa cum laude from college, projects a radiant joyfulness, speaks glowingly of his partner Benji and "the light of his life," his nephew Theo. He laughs often, reads constantly, and is on his way to a professional life in the Church. He says he owes his life to the discovery of the Gospel.

HOME-SCHOOLED

Growing up in Huntington, West Virginia, both of Jayan's parents were physicians. His father was born in Ethiopia and lived in Zambia and Botswana before coming to America. His grandfather was Hindu; his grandmother an Anglican Christian raised in the Church of South India.

Jayan's early life was marked by hardship. He was bullied in school for his sexuality and "outed" at age 13. He also did not feel academically challenged at the private Christian school he attended. So after seventh grade, his parents decided they would home-school Jayan and his younger sister. His father taught them history and theology; his mother took a leave from her medical practice and taught him the rest. School began at 7:30 and ended for dinner at six, followed by evening homework. He took a total of nine years of Latin, which he says helped him in countless ways. He read widely in theology on his own.

He observes, "The chance to immerse myself in all areas of knowledge and integrate it was tremendously valuable to me. I would do it again, but wouldn't want it for my own kids, if I ever have any."

The emphasis on theology was because Jayan was being groomed for a life in the church, to be a minister of the Gospel in the "hyper-Calvinist" church his parent attended.

CONVERSION ATTEMPTED

A punishing new element was added to his life after he acknowledged his homosexuality at age 13. For 18 months, he was forced to undergo "conversion therapy" with his pastor and his father. "It destroyed me," he says. "I went

back into the closet for two years to make it stop." He renounced Christianity in the process.

At age sixteen he came out again and was able to gain the support of an understanding aunt and his grandmother. Yet his only friends were his Math and Latin tutors. He dropped out of high school, ran away from home at 17, found various places to live, and eventually got a GED. Trying to forget the darker parts of his childhood, he drank his way through it all.

OHIO STATE

He applied to colleges and got a scholarship to Ohio State in Columbus. He dreamed of becoming an academic, possibly an archaeologist. He was also interested in Linguistics. Academically, college went very well and, wanting a challenge, he decided to major in International Politics and Chinese.

Throughout college, he battled his addiction. Nonetheless he graduated summa cum laude with Honors Research Distinction in Political Science. His thesis was titled Confucian Moral Talent and Security: Diachronic Perspectives on Chinese Strategic Culture. Earlier he had gotten a grant and spent a summer in Beijing researching. His first-rate secondary school education at home, he explained, was a massive academic advantage throughout college.

"LESS VICTIM, MORE SURVIVOR"

With an academic career in political science as a goal, the best fit seemed to be at the University of Minnesota. He was accepted into the PhD program and moved to Minneapolis.

Soon, however, his life collapsed. In November, he blacked out on election night and did not come to for several days. He believed he was going to die as he tried to detox himself at home. The third day brought what he describes as "a moment of divine encounter." He says, "I actually heard a voice telling me that I didn't have to do this alone. That voice had to have been God, and I'm convinced it's only by God's grace that I finally believed that voice."

He talked to his therapist who referred him to a program at Fairview Riverside. He joined AA and got a sponsor. During this time Jayan also began meditating and spending more time in quiet prayer. He explored an array of different spiritual practices. Nonetheless, he says, "Nothing felt real." He also experienced a profound need for forgiveness that wasn't being fulfilled. Throughout his work in recovery, however, he came to understand the narrative of his life as being less about being a victim, and

more about being a survivor. But even a survivor needs healing.

He got a job. Working on a student newspaper earlier, he had taught himself digital design. He was hired at United Healthcare where he still works today, doing web creation and copywriting. Soon he met Benji, the man who brought him to an Episcopal Church in Rochester for his nephew's Baptism. For Jayan, this event turned out to be life-changing.

CALVARY

The Baptism was at Calvary Episcopal Church in Rochester. Benji was to be his nephew Theo's godfather. As Jayan experienced the liturgy and heard the words of the Baptismal Covenant and the loud congregational response of "We Will!" something happened to him. Experiencing the sense of community, the strangely-familiar language, and the magnetic pull of the sacraments which convinced him he could not escape even if he wanted to, he remembers, "It was at once terrifying and the best thing in the world. It took me months to take it all in."

Jayan and Benji began attending church at St. Christopher's in Roseville but soon found their way to St. John's. Right away, they knew that this was the place for them, noting that it seemed to be a "very healthy place". Jayan began attending Compline. He became an acolyte and started praying the Daily Office. Still devouring theology, he especially loved reading the work of the former Archbishop of Canterbury, Rowan Williams. His involvement at St. John's grew as he began working with the Young Adult Group, and became friends with Craig Lemming. Now he reads Morning Prayer each weekday at the church. He is a regular at Faith Formation (where many of us are astounded at the extent of his theological knowledge). He delights in his toddler godson Theo, writes him on holy days, and carries his picture with him. He and Benji are planning a wedding for next October at St. John's.

Most of all, he experiences the Gospel as a profound source of healing and joy. No longer a message of self-loathing and fear of the afterlife, the Gospel has opened up as a promise of God's forgiveness and faithful attentiveness to us in this life and the next. In the story of Christ and in the tangible beauty of the sacraments, he finds the grace to

start putting together the pieces of his life and share that healing with the world.

Slowly Jayan has realized that he is called to work in the Church. The question is how? So now he is in the process of forming a discernment committee to help him figure this out. Maybe the priesthood? Maybe something else?

VICTORIOUS

Jayan is a delight to speak with: thoughtful, intelligent, passionate, extremely funny, and a man of deep spirituality. He loves trivia and murder mysteries. He speaks with pride of Benji's approach to real estate and his partner's joy at helping young families find their first home. He gave himself a syllabus when he got to college about what he had to view and read to "catch up" with the popular culture that had been kept from him as he grew up.



He has several tattoos, a combination of memories and philosophy. A number is on his upper arm, referencing the fact that in the late 19th century journalists used the symbol "-30-" to signal the end of a story. He got this tattoo when he was forced to terminate his relationship with his family. Another, running up and down his forearms, is a quotation in Classical Chinese: "The way of the universe is a flowing stream; it can go in any

direction." Behind his left ear is a conch, a nod to his South Indian heritage.

But perhaps most significant is the name "Jayan," from Sanskrit. It is a family name harkening back to his father's roots. It means "victorious," while his middle name is "Timothy," which means "honoring God." Jayan's mother always told him that "honoring God" is how his victory would come. It's already started.

Barbara Mraz, Writer-in-Residence. *Barbara preaches each month, contributes regularly to the parish blog, Epistles and Epiphanies, and writes profiles of parishioners for The Eoangelist. Barbara has been a deacon in the Episcopal Church in Minnesota for more than 30 years and enjoys reading, gardening, spending time with her kids and grandchildren, attending theater productions, and watching films. She is the author of Finding Faith at the Movies (Morehouse, 2004).*

WELCOME NEW MEMBERS!

Lynn Hartmann and Mary Johnson

Lynn and Mary have devoted their lives to serving others. Lynn is a retired oncologist who worked at the Mayo Clinic, while her wife Mary is a retired hospital Chaplain who worked at the Mayo Clinic for 32 years. Both recently relocated from Rochester, where they attended Cavalry Episcopal Church. They started attending St. John's last March and can usually be seen at the 8 AM service, so if you're an early bird, be sure to say hello! They've been together for 24 years and married for five. Their hobbies are spending time with friends and cats, as well as being involved with their community. Mary is even a playwright! We're so blessed to have them here at St. John's, and we look forward to getting to know them and their gifts even more in the coming months and years.



Robin Bloom

Robin and his wife, Liz Pawlak, moved back to Saint Paul, from Santa Fe, NM in January of 2018. Robert began the task of searching for a church to join, and a former co-worker greeted him at St John's and recommended he become a member. Robin soon discovered that the St Paul Grief Counseling Coalition was meeting at St John's until their summer break. The St Paul Grief Counseling Coalition has provided wonderful support for Robin and his wife while grieving the death of their son due to depression and related issues.

Robin was born in Wisconsin but has spent most of his adult life in Minnesota. Robin was raised Congregational/UCC but was received into the Episcopal church when he was 20. He was first attracted by the liturgy of the mass and the pageantry of the service. Since then he has been a member of Episcopal Churches across the country.

At St John's, Robin has been participating in Adult Faith Formation which he finds enlightening, Men's Breakfast, and is going through the Basics Class. Robin's wife is a Minnesota native who attended the "U". They are both



retired, him from Hennepin County, she from the MN DOT.

Josh Tucker

Raised in the Palmetto State, Josh graduated from the University of South Carolina with his Master of Social Work and worked in the prison system there. Then why Minnesota Josh? You won't believe it, but he wanted to live in a place with a great deal of snow so he could learn to ski.



Josh is already at the intermediate level on the slopes, working the Lutsen area of the North Shore as well as Colorado. He keeps a bag packed and is ready to find time away from his job down at St. Peter in the Minnesota Security Hospital where he employs his skills and education as a psychotherapist.

Josh enjoys the music of St. John's, the energy which the church brings to his life, and he hopes to more fully integrate into the life of the parish once his busy life settles down, with a residence both in Mankato during the week and in The Cities on the weekend.

Jeff Chen

Several friendly conversations with Margaret Thor and others at the 8:00 service led Jeff to join our faith community. He is a Professor of Mathematics at St Cloud State University and lives in his condo there during the week. But he enjoys the urban ambiance of the metro area so regularly stays with friends in St Paul on the weekends.



Jeff was born Jian-Ping Chen in Taiwan. The English Club at his college asked their members to select an English name for themselves—he selected Jefferson—which he later shortened to Jeff. He earned his doctorate degree at Yale University in the mid-1990s and briefly taught there before venturing to Waldorf College in Iowa and eventually St Cloud State to teach math.

Jeff's faith journey has found him in several Christian communities over the years including Assembly of God

and the Church of Christ. He is an early riser so he can swim at the St. Cloud YMCA for fitness before classes. He has also been teaching himself to speak French. This was most helpful while he lived in Paris last year doing sabbatical research on the history of mathematics.

Carol DeFrancisco

Carol DeFrancisco is a native of New York City and was raised both there and in Cary IL. A former Catholic, Carol learned about St John The Evangelist through her friend, Keith Davis, and was attracted to the architecture, the services (especially Compline), and the convenience of living in St John's neighborhood.



Carol is an entrepreneur and spends her days as an Executive Coach/Personal Consultant or, as she puts it, "Using Transformational Process, I help super smart people find out what's next for them." She looks forward to experiencing more and growing in love, joy, wonder, and courage and sharing these gifts with St John and her community.

Marjorie Rapp

Marjorie is a Cathedral Hill resident. She became interested in St. John's when she stopped at our parking lot Farmer's Market. "I just felt it!" she says while describing her experience coming here for the first time. She is a retired family law attorney who enjoys walking, hiking, and reading. She has twelve grandchildren, age 7 to 21. She is searching for direction in the post-retirement chapter of her life and is exploring ways to give back to the community. She volunteers at Ten Thousand Villages, a wonderful retailer located at 520 Selby that sells fair-trade crafts & housewares from Asia, Africa, Latin America, and the Middle East. In her words, "I'm just interested to know how to be of service." We're excited to see where she's called to serve next! (By the way, if you're in the community, contact her; she'd love to have the option to carpool, especially in the winter!)



Rachel and Andrew Barkel (with Rosie and Lucie)

Rachel came to St John's when she was hired to be soprano section leader for the choir about a year ago. Rachel grew up Christian Reformed in a conservative Dutch community in Northwest



Iowa, and Andrew grew up Lutheran in Albert Lea, MN. They are drawn to faith communities that are welcoming to all and active in the community, so St John's has felt right to them.

Rachel and Andrew attended an ELCA church while in Nashville for six years prior to moving back to the Midwest. They were married there and their two precious daughters were baptized there.

They have been in the Twin Cities since July of 2017, and live in South Minneapolis. They love their neighborhood, and are slowly, but surely, fixing up their 1922 Dutch Colonial home. With two feisty toddler girls, they don't have much "spare" time, but they enjoy good food, concerts, traveling, reading, and an occasional Netflix binge.

Jonathan Lundberg

Meet Jonathan Lundberg! He was born and raised in Saint Paul and went to high school in Hudson, WI where his mother and father still live. Jonathan recently graduated from Concordia University earning a degree in History. He's currently working at Lowe's in Stillwater but is eager to start a career in his field. Jonathan and his girlfriend Eliza are making future wedding plans for this coming summer!



While he grew up in the Evangelical Free and Baptist churches, Jonathan walked away from his faith after graduating high school. Through his experiences studying abroad in Rome he found his way back to church. The Church of England was one of the few protestant churches offered in English while he was studying overseas. When he returned home, Jonathan continued his faith journey with the Episcopal Church.

LENTEN HEALING PRAYER

Lent, literally Springtime, when all becomes new. Earth again returns to her verdant green, pastures jump to life with alfalfa and clover, and our urban streets are once again framed with the leaves of our marvelous boulevards.

Lent, a time for “repentance”, literally a change of mind or heart. I like to understand it as “turning around.” I find the Biblical translation of repentance (metanoia) so much more helpful than the somber, dour, stern call from the pulpit I heard as a lad. “Repent!” From what, I was never quite sure....I just knew I best be very serious within those four Lutheran walls for those six Sundays.

With today’s shift in mind, St. John’s will be offering

prayers of healing to assist you with your own “changes of mind or heart.” By all means, come forward with every hurt, joy, or concern you have. But express your intentions of “changes of mind and heart” as well. Know that all will be held confidentially.

After being prayed with, clergy will be available to anoint you with oil. This ceremonial blessing conveys our belief in the Divine Presence in our acts of prayers and anointing and we encourage your participation.

Healing prayers begin on the 1st Sunday in Lent, March 10th, and will continue through April 7th. —*Dave Borton*

HAPPY BIRTHDAY TO...

April

- 2 Linnea Krall
- 3 Gabrielle Lawrence
Lindsey Williams
Margaret Thor
- 4 Hannah Gilbertson
Josephine Berry
Libby Snelson
Louis Gilbertson
Lyelle Palmer
- 5 Carole Selin
- 6 Becky Debertin
- 7 Craig Lemming
- 8 Lindsey Ward
- 10 Emily Hogan
- 12 Richard Gross
- 13 Eli Weinkauff
- 14 Charles Olsen
William Lightner
- 15 Charlie Olson
Chris Olson
- 17 Diane Power
Meredith Hansen
Sandra Roe
Stephanie Sommer
- 18 Mary Kansas
- 19 Helen Baxter
Jayan Nair
- 20 Rick Rinkoff
- 21 Christine Atchison
Paula M. Coeoy

- Timothy Krall
- 23 Aaron Gjerde
Richard Rasch
- 24 Janet Diehl
- 25 Caroline Jeffery
Linda Lindeke
- 27 David Bressoud
Sue Johnson
- 30 Charles Solid
Sarah Jeffery
- 31 Chris Johnson
Forest Van Yperen
Maggie Baxter

May

- 1 Donna Genck
- 2 Christopher Howie
- 3 Zoe Matter
- 4 Johannah Frisby
- 5 Edgar Berger-Thompson
Jeff Olson
- 6 Barbara Ballou
Evan Hansen
Ford Nicholson
- 8 Milo Brown
- 9 Penelope Collins
Ruby Harkcom
- 10 Anne Russell
Halle O'Falvey
Reese Berry
- 11 Fiona McInroy

- Marcus Ebenhoch
Mason Kinkead
- 12 Gail Lorenz
- 13 Emmett Solid
- 14 Henry Kansas
- 16 Michael Stack-Nelson
Terry Dinovo
- 17 Bette Ashcroft
- 19 Harrison Hennessy
Jonah Spencer
Nicholas Swanson
Sabine Krall
- 20 Lydia Schmidt
Tom Eyre
- 21 Victoria Peterson
- 22 Sean Ball
Suzanne McInroy
- 23 Alexis Ball
- 24 David Bendickson
- 25 Alexandra Bjorklund
Jered Weber-Johnson
- 25 Seth Stengle
- 26 Christina Ball
- 28 Matthew Brooks
- 30 Anne Thompson

Is your birthday missing or incorrect?
Have your address or phone number
changed?
Log on to My St. John's (tinyurl.com/mysaintjohns) to update your records.

SERVICE SCHEDULES

ALTAR GUILD

Contact: Diane Power, Altar Guild Coordinator (powerdianep@gmail.com)

Mar 3 Diane Power, Jean Hansen, Sue MacIntosh, Ginnie Schauss, Sarah K. Smith, Cecelia Wall
Mar 10 Dusty Mairs, Caroline Church, Shirley Cooper, Phyllis Frisby, Patty Byrne Pfalz, Bill Sherfey
Mar 17 Colleen Swope, Sue Cadwell, Shirlee Gooch, Paige Hagstrom, Sabine Krall, Thea Bischof
Mar 24 Terri Fishel, Nan Lightner, Gwen Odney, Phyllis Merrill, Elaine Sutton, Jill Thompson
Mar 31 Diane Power, Jean Hansen, Sue MacIntosh, Ginnie Schauss, Sarah K. Smith, Cecelia Wall
Apr 7 Dusty Mairs, Caroline Church, Shirley Cooper, Phyllis Frisby, Patty Byrne Pfalz, Bill Sherfey
Apr 14 Colleen Swope, Sue Cadwell, Shirlee Gooch, Paige Hagstrom, Sabine Krall, Thea Bischof
Apr 21 Volunteers needed
Apr 28 Terri Fishel, Nan Lightner, Gwen Odney, Phyllis Merrill, Elaine Sutton, Jill Thompson
Most current schedule at stjohnsstpaul.org/worship-music/altar-guild

COFFEE HOUR

Contact: Paige Hagstrom,
Coffee Hour Coordinator
(gphagstrom@gmail.com)

Mar 3 Volunteers needed
Mar 10 Bishop's Visit
Mar 17 Dusty Mairs
Mar 24 Volunteers needed
Mar 31 Sally Sand
Apr 7 Bob Baumann & Bill Sherfey
Apr 14 Colleen and Charles Swope
Apr 21 Becky Garthofner & Jerry Woelfel
Apr 28 Service Sunday
Most current schedule at
stjohnsstpaul.org/community-life/coffee-hour

GREETERS

Contact: Tom Eyre, Head Usher(tweyresr@gmail.com)
Mar 3 Diane Wallace-Reid, Don & Holly Weinkauff
Mar 10 Jeff & Peggy Olsen, Josh Colton
Mar 17 Cindy Bertheau, Tom Eyre, Brad Parsons
Mar 24 Jennifer & Peter Rosendale, Alice Johnson
Mar 31 Jennifer Kinkead, Barbara Lindeke, Eric Odney
Apr 7 Chris Matter, Mary Ann Mason, John Lawyer
Apr 14 Sally Sand, Don & Holly Weinkauff
Apr 21 Diane Wallace-Reid, Jeff & Peggy Olsen
Apr 28 Cindy Bertheau, Josh Colton, Tom Eyre
Most current schedule at stjohnsstpaul.org/worship-music/greeters

READERS

Contact: Bob Linehan, Reader & Verger Coordinator (rlinehan@gmail.com)
Mar 3 8am Colleen Swope 10am Terry Dinovo, Diane Wallace-Reid
Mar 10 8am Dave Borton 10am Shirley Sailors, John Graham
Mar 17 8am Mary E Johnson 10am Kevin Seitz-Paquette, Jeff Olsen
Mar 24 8am Brad McCanna 10am Keith Davis, Paige Hagstrom
Mar 31 8am Joan McCanna 10am Judy Southwick, Bob Linehan
Apr 7 8am Jay Debertin 10am Sabine Krall, Alden Drew
Apr 14 8am Dave Borton 10am Chris Matter, Don Postema
Apr 21 8am Sr. Julian Smith-Boyer 10am Mark McInroy, Jill Thompson
Apr 28 8am Colleen Swope 10am Cammie Beattie Lyelle Palmer
Most current schedule at stjohnsstpaul.org/worship-music/lay-readers

USHERS

Contact: Jeff Olsen, Head Greeter (jolsen4338@gmail.com)

Mar 3 Tom Eyre, Lynn Hertz, Jeff & Peggy Olsen
Mar 10 Patty Byrne Pfalz, Gary & Paige Hagstrom, Barbara Lindeke
Mar 17 Julia Ferguson & Rick Rinkoff, Jennifer & Peter Rosendale
Mar 24 Alden Drew & Mimie Pollard, Sally Sand, Kevin Wall
Mar 31 Cammie Beattie, Mary & Peter Gilbertson, Diane Power
Apr 7 Tom Eyre, Jeff & Peggy Olsen, Shirley Sailors
Apr 14 Gary & Paige Hagstrom, Lynn Hertz, Barbara Lindeke
Apr 21 Patty Byrne Pfalz, Julia Ferguson & Rick Rinkoff, Sally Sand
Apr 28 Alden Drew & Mimie Pollard, Jennifer & Peter Rosendale
Most current schedule at stjohnsstpaul.org/worship-music/ushers

ACOLYTES

Contact: Ellie Watkins, Coordinator (elizabeth.watkins@stjohnsstpaul.org)

Mar 3 Elliot Wall, Mugeegbaykola Koroma, Hawah Sharon Koroma
Mar 10 Thea Bischof, Jayan Nair
Mar 17 Will Rinkoff, Thomas Rinkoff, Linnea Krall
Mar 24 Maren Johnson, Charlie Docherty, Maggie Baxter
Mar 31 Sabine Krall, Elliot Wall, Jayan Nair
Apr 7 Will Rinkoff, Thomas Rinkoff, Maren Johnson
Apr 14 Linnea Krall, Mugeegbaykola Koroma, Hawah Sharon Koroma
Apr 21: TBD
Apr 28 Charlie Docherty, Maggie Baxter, Thea Bischof
Most current schedule at stjohnsstpaul.org/worship-music/acolytes

VERGERS

Contact: Bob Linehan, Reader & Verger
Coordinator (rlinehan@gmail.com)

Mar 3 Pyne Neepaye
Mar 10 Bill Sherfey
Mar 17 Keith Davis
Mar 24 Bob Linehan
Mar 31 Linnea Krall
Apr 7 Pyne Neepaye
Apr 14 Bill Sherfey
Apr 21 Keith Davis
Apr 28 Bob Linehan
Most current schedule at stjohnsstpaul.org/worship-music/vergers



St. John the Evangelist Episcopal Church
60 Kent Street
Saint Paul, MN 55102
stjohnsstpaul.org
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THE EVANGELIST

MARCH/APRIL 2019



St. John's congregants who identify as "Older, Wiser Laity" participated in a recent luncheon in the Fireside Room, hosted by the St. John's staff and clergy.